

Certified Nurse Assistant Exam

- 1. Many elderly residents lose their appetite due to:**
 - a) a decrease in saliva
 - b) hardening of the arteries
 - c) decrease in number of taste buds
 - d) both a and c

- 2. One of the major reasons the elderly person is incontinent of urine is:**
 - a) they are too lazy to go to the bathroom
 - b) they can't get a nurse aide to help them to the bathroom
 - c) the circulatory system is failing
 - d) the muscle that keeps urine in the bladder weakens

- 3. One of the major causes of depression in the elderly is:**
 - a) inability to run their own lives
 - b) going to nursing home activities
 - c) living with their children
 - d) lack of money

- 4. When dry, hard stool fills the rectum and will not pass, it is called:**
 - a) edema
 - b) incontinence
 - c) atrophy
 - d) impaction

- 5. A confused resident tells you there is a monster in the closet. The nurse aide should:**
 - a) pretend to kill the monster in the closet
 - b) tell the resident there are no such things as monsters
 - c) open the closet and show the resident nothing is there
 - d) tell the resident you will take the monster home with you

- 6. Hospice specializes in the care of persons who are:**
 - a) on medicare
 - b) chronically ill
 - c) on Medicaid
 - d) terminally ill

- 7. Which of the following is a proper way to correct an error in charting:**
 - a) scribble it out with several lines
 - b) erase it completely
 - c) use correction fluid
 - d) draw a single line through it

- 8. The nurse aide notices on the flow sheet that a resident has not had a bowel movement for five days. The nurse aide should:**
- report this to the charge nurse
 - ask the other nurse aides if the resident had a bowel movement that wasn't recorded
 - ask the resident's roommate if she saw the resident use the bathroom
 - wait to see if she uses the bathroom tomorrow
- 9. A diabetic resident asks the nurse aide to cut her toenails. The nurse aide should:**
- go ahead and do it, it is part of the job
 - tell the resident ok, but the resident will have to soak her feet first
 - tell the resident "not on your life"
 - tell the resident that the nurse aide cannot do this, but will report it to the charge nurse
- 10. To count a respiration, a respiration includes:**
- one inhalation
 - one exhalation
 - one inhalation and two exhalations
 - one inhalation and one exhalation
- 11. The fire alarm has sounded. The nurse aide should FIRST:**
- ask the charge nurse for direction
 - make sure all the residents are out of the hallway and close all doors
 - take the nearest fire extinguisher to the nurses' station
 - call the fire department
- 12. What can the nurse aide give the resident who has an order for NPO:**
- unlimited fluids
 - no food or liquids
 - small amounts of ice
 - only clear liquids
- 13. How should the nurse aide position the resident to apply elastic stockings:**
- lying down in bed
 - sitting on the edge of the bed
 - standing at the side of the bed
 - sitting in a wheelchair
- 14. A resident's dentures should be stored in:**
- tissue paper
 - an emesis basin
 - a labeled cup in water
 - the utility room
- 15. The Heimlich maneuver (abdominal thrust) should be used if the resident is:**
- confused
 - choking
 - vomiting
 - diabetic

16. The nurse aide is going to take Mr. Heath's vital signs. What should the nurse aide do to get Mr. Heath to cooperate and reduce his anxiety:

- a) wash her hands before and after the procedure
- b) gather all equipment before beginning
- c) wear disposable gloves for all procedures
- d) explain the procedures to Mr. Heath

17. Signs of poor circulation are:

- a) paleness, cold skin, edema
- b) perspiration, red skin
- c) warm, dry, pink skin
- d) hot flashes

18. When transferring a heavy resident from the bed to a wheelchair for the first time:

- a) a mechanical lift should never be used
- b) one person should always try to transfer the resident
- c) the aide should review the care plan or check with the nurse
- d) tell the resident they are too heavy for you to transfer

19. A pressure ulcer or decubitus ulcer is caused by:

- a) burns
- b) abrasions
- c) inadequate turning
- d) fatigue

20. The most basic rule of body mechanics is to:

- a) keep the arms flexed
- b) bend from the knees and hips
- c) twist as you lift
- d) never use a lift belt

21. The most important way to prevent the spread of infection is:

- a) isolating sick residents
- b) wearing gloves
- c) hand washing
- d) wearing masks

22. Mr. Joseph overhears the nurse aide speaking to the nurse about his roommate's diagnosis and demands that the nurse aide discuss the roommate's condition with him. The nurse aide should:

- a) firmly but politely explain she cannot discuss another resident's condition
- b) tell Mr. Joseph it is not his concern, he should worry about himself
- c) tell Mr. Joseph to ask the roommate's family
- d) tell Mr. Joseph that if his roommate wants him to know, the roommate will tell Mr. Joseph

23. Mr. Smith refused to take a bath. The nurse aide bathed him anyway. What resident right was violated:

- a) the right to be free from odor
- b) the right to refuse treatment
- c) the right to privacy
- d) the right to complain

24. You observe your co-worker verbally abusing a resident. What should you do:

- a) talk to her after work
- b) tell the resident's family
- c) do nothing, words won't hurt the resident
- d) report it to the charge nurse

25. You do not show up for work nor do you call to let Southern Healthcare know, what happens:

- a) you get to go to work later in the day
- b) you do not get preference for day shifts
- c) you are terminated from employment
- d) nothing